

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2018

Memory Care

				1 9:30 Exercise 10:00 Snack Break 10:30 Sing Along 1:30 Volley Folley 3:00 Snack Break 3:30 Painting	2 9:30 Exercise 10:00 Snack Break 10:30 Scenic Drive 1:30 Ring Toss 3:00 Snack Break 3:30 Happy Hour With "Linda"	3 9:30 Exercise 10:00 Snack Break 10:45 Cards 1:30 Documentary 3:00 Snack Break 3:30 Movie
4 9:30 Exercise 10:00 Snack Break 10:45 Church 1:30 Arts & Crafts 3:00 Snack Break 3:30 Hand Massage <small>Daylight Saving Time Ends</small>	5 9:30 Exercise 10:00 Snack Break 10:30 Board Games 1:30 Volley Folley 3:00 Snack Break 3:30 Nails	6 9:30 Exercise 10:00 Snack Break 10:30 Documentary 1:30 Balls 3:00 Snack Break 3:30 Bingo	7 9:30 Exercise 10:00 Snack Break 10:30 Board Games 1:30 Ring Toss 3:00 Snack Break 3:30 Trivia	8 9:30 Exercise 10:00 Snack Break 10:30 Sing Along 1:30 Volley Folley 3:00 Snack Break 3:30 Painting	9 9:30 Exercise 10:00 Snack Break 10:30 Scenic Drive 1:30 Ring Toss 3:00 Snack Break 3:30 Happy Hour With "Skip"	10 9:30 Exercise 10:00 Snack Break 10:45 Cards 1:30 Documentary 3:00 Snack Break 3:30 Movie
11 9:30 Exercise 10:00 Snack Break 10:45 Church 1:30 Arts & Crafts 3:00 Snack Break 3:30 Hand Massage <small>Veterans Day (US) Remembrance Day (Canada)</small>	12 9:30 Exercise 10:00 Snack Break 10:30 Board Games 1:30 Volley Folley 3:00 Snack Break 3:30 Nails	13 9:30 Exercise 10:00 Snack Break 10:30 Documentary 1:30 Balls 3:00 Snack Break 3:30 Bingo	14 9:30 Exercise 10:00 Snack Break 10:30 Board Games 1:30 Ring Toss 3:00 Snack Break 3:30 Trivia	15 9:30 Exercise 10:00 Snack Break 10:30 Sing Along 1:30 Volley Folley 3:00 Snack Break 3:30 Painting	16 9:30 Exercise 10:00 Snack Break 10:30 Scenic Drive 1:30 Ring Toss 3:00 Snack Break 3:30 Happy Hour With "Mike"	17 9:30 Exercise 10:00 Snack Break 10:45 Cards 1:30 Documentary 3:00 Snack Break 3:30 Movie
18 9:30 Exercise 10:00 Snack Break 10:45 Church 1:30 Arts & Crafts 3:00 Snack Break 3:30 Hand Massage	19 9:30 Exercise 10:00 Snack Break 10:30 Board Games 1:30 Volley Folley 3:00 Snack Break 3:30 Nails	20 9:30 Exercise 10:00 Snack Break 10:30 Documentary 1:30 Balls 3:00 Snack Break 3:30 Bingo	21 9:30 Exercise 10:00 Snack Break 10:30 Board Games 1:30 Ring Toss 3:00 Snack Break 3:30 Trivia	22 9:30 Exercise 10:00 Snack Break 10:30 Sing Along 1:30 Volley Folley 3:00 Snack Break 3:30 Painting <small>Thanksgiving Day (US)</small>	23 9:30 Exercise 10:00 Snack Break 10:30 Scenic Drive 1:30 Ring Toss 3:00 Snack Break 3:30 Happy Hour With "Alfredo"	24 9:30 Exercise 10:00 Snack Break 10:45 Cards 1:30 Documentary 3:00 Snack Break 3:30 Movie
25 9:30 Exercise 10:00 Snack Break 10:45 Church 1:30 Arts & Crafts 3:00 Snack Break 3:30 Hand Massage	26 9:30 Exercise 10:00 Snack Break 10:30 Board Games 1:30 Volley Folley 3:00 Snack Break 3:30 Nails	27 9:30 Exercise 10:00 Snack Break 10:30 Documentary 1:30 Balls 3:00 Snack Break 3:30 Bingo	28 9:30 Exercise 10:00 Snack Break 10:30 Board Games 1:30 Ring Toss 3:00 Snack Break 3:30 Trivia	29 9:30 Exercise 10:00 Snack Break 10:30 Sing Along 1:30 Volley Folley 3:00 Snack Break 3:30 Painting	30 9:30 Exercise 10:00 Snack Break 10:30 Scenic Drive 1:30 Ring Toss 3:00 Snack Break 3:30 Happy Hour With "Dan"	Wishing you and your loved ones a very Happy Thanksgiving.