

Employee of the Month



“Tianna has grown so much since she started working here. She has displayed her kind heart to her peers and the residents. She is always willing to help and does it with a smile. Her dedication to our residents is shown daily. Thank you for all you do. So happy to have you apart of the team.”
-Angie P.
Resident Care Coordinator

August Birthdays

In astrology, those born between August 1–22 are Lions of Leo. Leos are natural leaders: intelligent, courageous, and bold. Leos’ social natures also make them excellent friends. Those born between August 23–31 are Virgo’s Virgins. Virgos love paying attention to details—not to be picky, but to help others. Their industrious efficiency makes them smart problem-solvers and fact-finders.

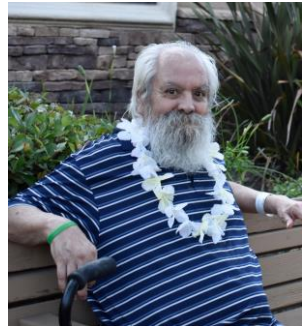
Residents

Byra O. 8/6
John L. 8/9
Mauricio M. 8/12
Surinder B. 8/12
Ronald H. 8/13
Donald P. 8/15
Mary H. 8/17
Henrietta M. 8/19
Barbara S. 8/20
Joda M. 8/27
Sharon C. 8/29
Robert H. 8/31

Staff

Robert D. 8/3
Gabriel M. 8/3
Thomas G. 8/6
Ziare A. 8/13
Madel R. 8/16
Taileyah S. 8/16
Elizabeth M. 8/22
Angeline L. 8/27

Remembering Alfred Lomeli



Alfred moved into our community in October of 2017. From day one he came with a big personality. He loved football and always mentioned his past and all the fun he had. He was very funny and loved a good joke. Alfred, you will be missed by many of the staff and residents you made friends with.

-Angie P.
Resident Care Coordinator

Fair Oaks Estates

Fair Oaks Estates • 8845 Fair Oaks Blvd. • (916) 944-2077 • (916) 944-3167



Celebrating August

Family Fun Month

National Golf Month

Ice Cream Sandwich Day
August 2nd

Watermelon Day
August 3

Book Lovers Day
August 9th

International Left Handers
Day
August 13

Senior Citizens Day
August 21st

Women’s Equality Day
August 26th

Recap of July: This July, we celebrated Independence Day with our annual ice cream social, and fireworks show featuring Evening Star Band!



We also hosted a multicultural day where staff wore their cultural attire representing their native background!

Enes: The Heart of Fair Oaks Estates



Enes, the maintenance man, is a beloved figure. With a kind face and skilled hands, Enes found joy in fixing the little things that made a big difference.

Each morning, Enes greeted the residents warmly as he made his rounds. One autumn day, he fixed a faulty heater, listening to the resident's stories and feeling the warmth of their gratitude. In the common room, Enes took special care of the community TV, knowing how much it meant to everyone for exercise videos and shared shows.

One afternoon, he helped with a broken wheelchair, earning heartfelt thanks and a sincere handshake. For Enes, every fix was a chance to brighten someone's day and build a caring community.

As the sun set over Fair Oaks Estates, Enes felt content. He knew that tomorrow would bring more things to repair and more opportunities to spread joy. To him, it wasn't just about fixing objects; it was about mending hearts and nurturing a sense of home.

-Enes J.

Maintenance Director

"I'm Puzzled"



Last month some of the ladies made beautiful "puzzle piece" earrings from left over puzzles!

What's Cooking?



Hello, I am the new dining director! I'm so happy to be here! We will be having a "Chef chat" on 1st and 3rd Thursdays to discuss everything pertaining to dining! We have always provided an alternate menu with many options for your dining pleasure! I'm excited to introduce new cuisines like: Italian, Hawaiian, French, Mediterranean, etc.
-Kathy L.
Dining Director

The Mystery of the Text Message

In the common room, a resident sat staring at her iPhone. She'd received a mysterious "text" notification pop up but she had no idea how to read it. "What's a text?" she muttered.

Just then, a caregiver walked by. "Trouble with your phone?"

"I got this 'text,' but I don't know what it means!"

The caregiver smiled. "Let's take a look." They gently took her phone, tapped a few buttons, and read the message. "It's from your granddaughter. She says, 'Miss you, Grandma! Here's a picture of Fuzzy rump!'"

The resident's eyes lit up. "A picture of a kitty? Show me!"

The caregiver showed her the photo on the screen. "There it is. Cute, right?"

"Adorable!" she beamed. "But how did you do that?"

The caregiver explained, "Texts are like little letters that pop up on your phone. They're quicker than emails or postcards and quicker to send. Just tap here to read them."

She nodded slowly. "So, it's like magic mail?"

"Exactly," the caregiver smiled. "Technology may be confusing, but it's here to make life easier and more fun."

"Thank you," she said. "You've made my day."

With a wave, the caregiver left, and the resident returned to her coffee, now a little more tech-savvy and a lot happier.



August Outings!

Friday, August 16th-Lunch Outing

Tuesday, August 20th -Target Outing

Tuesday, August 27th- Scenic Drive



Resident of the Month



Our resident of the month for August is Brad Murchison! Brad was born September 4th, 1952 in Sacramento, California. Brad's favorite activity here at Fair Oaks Estates is going on outings. He often acts as our resident "tour guide" on our scenic drives. Brad's favorite food is steak and potatoes, and his favorite color is blue. Brad is a retired General/Commercial contractor and Real Estate developer, and a very kind resident here at Fair Oaks Estates.